### Moving forward, driving change



# WA WOMEN'S HEALTH CONFERENCE

**Thursday September 5 2024** 



# Acknowledgement of Country



The Centre for Women's Safety and Wellbeing acknowledges we are located on stolen Whadjuk Noongar land.

We support the Uluru Statement from the Heart and call for reparations to be made as part of our reconciliation journey. We honour Aboriginal people for their continued resistance and resilience, and we pay deep respect to elders of all generations who continue to protect and promote culture and country.



# Acknowledgement of Lived Experience

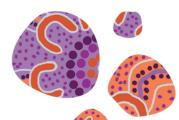


The **Centre for Women's Safety and Wellbeing** acknowledges the strength, resilience, and bravery of women, children, and young people who have lived experience of family, domestic and sexual violence.

We pay our respects to those who did not survive and acknowledge the families, friends and communities who have lost loved ones to this preventable and far-reaching issue. We are committed to ensuring responses to family, domestic and sexual violence are informed by lived experience.

We welcome the mosaic of backgrounds, experiences, and stories that people from all walks of life bring to our community. Through unity in diversity, we work towards a future where everyone can thrive and have a voice, regardless of background or circumstances.

The Centre for Women's Safety and Wellbeing will continue to advocate for all women to have the right to equal access and outcomes for safety, health and wellbeing.



#### Who We Are



The Centre for Women's Safety and Wellbeing is the peak body for women's specialist domestic and family violence, community-based women's health, and sexual assault services in Western Australia. We are the leading voice for women and children affected by gender-based violence and recognise the importance of gender equality in reducing violence and promoting the health and wellbeing of women and children.

We work with governments, peak bodies, experts by experience, public, community and private organisations to prevent violence against women, promote women's health, advance gender equality and ensure that women's voices are integral to policy, legislation and services.

We take an intersectional approach that recognises the multiple forms of discrimination women face, so that responses to these issues address the particular and diverse needs of all women in Western Australia.



Preventing violence, promoting health, advancing gender equality



#### Welcome



The Centre for Women's Safety and Wellbeing is delighted to be hosting the 2024 WA Women's Health Conference during Women's Health Week. This key sector event brings together women's health services professionals from across our State to connect, learn and celebrate.

To improve health outcomes for women in Western Australia, we must address key areas of health inequity, including sexual and reproductive health, mental health and wellbeing, and gendered violence and sexism.

Effective collaboration and meaningful partnerships are vital to achieving better health and wellbeing outcomes for women, and to foster and sustain our own wellbeing as we continue this vital work.

We welcome you to explore women's health issues, by examining a wealth of contemporary knowledge, ideas, successes, and challenges from grassroots services, research and policymakers.

We hope that the exciting and diverse program will spark innovation, build focus, create meaningful connections and foster collaboration towards improved health and wellbeing outcomes for all Western Australian women.



### **Morning Program**



Registrations 8:15am - 8:45am	
Торіс	Speakers
MC opening remarks	Gloria Moyle - CEO, Goldfields Women's Health Care Centre
Welcome to Country	Lois Dale May (nee Turvey) - Aboriginal Elder of Ballardong Wadjuk Country
Conference welcome	Dr Alison Evans - CEO, Centre for Women's Safety and Wellbeing
Conference opening address	Hon. Amber Jade Sanderson MLA - WA Minister for Health
Keynote Address and Panel  Moving forward, driving change:  WA's abortion care reform  journey  Panel facilitator: Dr Katrina  Stratton MLA	Dannielle Orifici - Co-Director, Women's Health, Genetics and Mental Health Directorate, Women and Newborn Health Service, North Metropolitan Health Service
	Melinda Olive - Pregnancy Choices and Abortion Care Implementation Lead, Women and Newborn Health Service, North Metropolitan Health Service
	Julia Feutril - Co-Director, Women's Health, Genetics and Mental Health Directorate, Women and Newborn Health Service, North Metropolitan Health Service
	Debra Barnes - CEO Sexual Health Quarters
	Cheryl Davenport AM - Reproductive rights advocate and former WA Member of Parliament
Morning Tea 10:30am - 11:15am	



### **Morning Program**



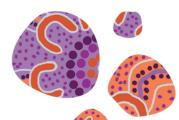
Торіс	Speakers
Together we have the solutions: Baby Coming. You Ready?	Martine Lee EM/RN - Registered Midwife; Research Fellow, Ngangk Yira Institute for Change, Murdoch University
	Trish Ratajczak - Aboriginal Midwife; Senior Research Fellow, Ngangk Yira Institute for Change, Murdoch University
Making the invisible visible: driving change in maternity care	Amy Dawes OAM - Co-founder Australasian Birth Trauma Association
Panel Seen and believed: Foundations for equity in women's health Panel facilitator: Sisonke Msimang	Dr Talila Milroy - GP and Aboriginal health and women's health researcher
	Kari Pnacek - Assistant Secretary UnionsWA
	Professor Colleen Fisher - Head of UWA School of Population Health
	Grace Molloy - Founder of Menopause Friendly Australia
	Nihal Iscel - Human rights and disability activist; Chair of People with Disabilities WA
	Kianna Barker - CEO Hedland Well Women's Centre
Empowering solutions: diversity in women's health experiences and outcomes	Dr Carol Kaplanian - Churchill Fellow; Director of Honour-Based Violence Consultancy; School of Population and Global Health, UWA



#### **Afternoon Program**



Lunch 12:45pm - 1:45pm	
Торіс	Speakers
Popping Bubbles: Harnessing the transformative potential of playful connection to release the wounds of family violence trauma	Jo Newbold - Australian Childhood Foundation and Naala Djookan Healing Centre
My Vital Cycles®: a school-based program to drive change in girls' menstrual health education	Dr Felicity Roux - Curtin University
Grow and Nurture' Project: a place-based women's group for local connection and peer support	Jenny Carter - Fremantle Women's Health Centre
Cervical cancer screening: A Pathway to Elimination in Western Australia	Noni Osland - WA Cervical Cancer Prevention Program - North Metropolitan Health Service
Impact of the housing crisis on women in Geraldton: local insights	Daphne White - The Orange Story
	Monica Moran - WA Centre for Rural Health (UWA)
Impact of Empowerment Programs on Mental Health and Help-Seeking Attitudes among Multicultural Women in Vulnerable Communities: A Study in Western Australia	Rasha al-trihi and Anbumoly Kuppusamy - Ethnic Communities Council of Western Australia Inc
Health Justice Partnership Program	Jasmin Pavan - Women's Legal Service of WA, Luma and Goldfields Women's Health Care Centre
Grounded Women Wellbeing: Aboriginal women building strength and connection	Michelle Woosnam - South West Women's Health and Information Centre & Ember Connect Inc



### **Afternoon Program**



Afternoon Tea 2:45pm - 3:15pm	
Topic	Speakers
"When we need it, for as long as we need it." Innovating a new healing and recovery model: the Karlup Service.	Kirsten Campbell and Renna Gayde - Ruah Community Services
Innovating health services response to Family and Domestic Violence at East Metropolitan Health Service	Juliana Martins Pereira - East Metropolitan Health Service
For Her Health and Wellbeing: Addressing the Critical Need for Equity in Women's Healthcare	Kianna Barker - Hedland Well Women's Centre
	Liz Lang - Luma
Pornography and Pelvic Health	Christine Waddell and Elly O'Loghlen - Women's Health Strategy and Programs - North Metropolitan Health Service
Community pharmacists can play a critical role in FDV prevention and early intervention	Sandy Taylor - PVAW (Preventing Violence Against Women)
	Lisa Whitmore - Community Pharmacist
Experiencing life threatening health issues as a Zimbabwean Migrant affected by FDV	Tinashe La - Lived Experience Advocate; Member of Centre for Women's Safety and Wellbeing Refugee and Migrant Advisory Group
Conference Calm Session: Zen Escape	South Coastal Health & Community Services
Developing the knowledge and skills of primary care clinicians in assisting people experiencing intimate partner violence	Amanda O'Donovan and Karen Molhuysen - Sexual Health Quarters
Closing Address	





# Gloria Moyle Master of Ceremonies

Gloria Moyle is the CEO of Goldfields Women's Health Care Centre. She is a visionary Social Services professional with more than 20 years experience in women's health, mental health, aged care and disability. Gloria is a highly ethical, qualified non-profit professional, armed with extensive experience developing and executing strategic plans to increase business development, financial growth, and gain long-term sustainability.

She is a passionate advocate for regional women's health and wellbeing.



# Lois Dale May (nee Turvey) Welcome to Country



Lois' Aboriginal heritage is linked to Balardong Wadjuk, Wilman and Wardandi country.

She joined the Department of Education and Training, where she worked supporting schools, Aboriginal workers, students and families. In her later years, Lois worked across non-government organisations. She has presented training in Aboriginal and Torres Strait Islander Cultural Awareness and has used her cultural knowledge skills and language to build successful partnerships with schools and NGOs by sharing and integrating cultural safety strategies to encourage self-determination for Aboriginal and Torres Strait Island People in the workplace and raise awareness for all Australians.

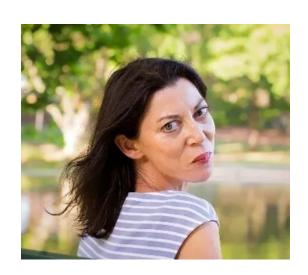




# Dr Alison Evans Conference Welcome

Dr Alison Evans was appointed Centre for Women's Safety and Wellbeing Chief Executive Officer in 2022. She was previously the Director of Domestic, Family and Sexual Violence at CWSW, and Executive Director of the Women's Community Health Network Western Australia.

Alison is a member on several government and non-government advisory and strategic bodies and a board member of the National Association of Services Against Sexual Violence.



# Hon Amber-Jade Sanderson BA MLA Conference Opening Address



Amber-Jade Sanderson is the Western
Australian Minister for Health; Mental Health.
Her previous Ministerial portfolios include
Environment, Climate Action and Commerce.
Before entering Parliament, Amber-Jade was the
Assistant Secretary at United Voice and remains
passionate about the protection of working
people's rights. As Chair of the Joint Select
Committee on End of Life she was crucial in
delivering WA's Voluntary Assisted Dying laws.
Amber-Jade has been a key driver of WA's most
recent abortion law reform.





# Dr Katrina Stratton, MLA Panel Facilitator - Abortion Care Reform

Dr Katrina Stratton's significant experience as a social worker and an elected member of the Western Australian Parliament has provided her with an excellent understanding of balancing multiple needs and complex issues. She is passionate about social justice and social change and has worked on important social issues such as grandparents raising grandchildren, young people leaving foster care, domestic violence and disadvantage. Dr Stratton is the sitting Member for Nedlands, and has Bachelor of Social Work, PhD and MBA qualifications from the University of Western Australia.



#### Melinda Olive Keynote Address and Panellist - Abortion Care Reform



Melinda Olive is a Registered Nurse and a dedicated advocate for women's health and reproductive rights. As the Abortion Care Reform Implementation Lead at North Metropolitan Health Service, she has been instrumental in driving positive change and ensuring equitable, compassionate, and safe access to abortion care. Melinda has had a diverse career that included experience in project and environmental management, before completing her Masters in Nursing. As a nurse, Melinda has worked exclusively in women's health and abortion care, and this on-ground experience has ensured that her work in implementing the abortion reform is patient centred, inclusive and trauma-informed.





#### **Dannielle Orifici**

#### **Keynote Address and Panellist - Abortion Care Reform**

Dannielle has been a Registered Nurse for 22 years. She has a post graduate degree in leadership and management and is a Justice of the Peace. Dannielle is passionate about women's mental health, women's reproductive health, birth trauma and advocating for those without a strong voice within our community. She co-leads Women and Newborn Health Service's mental health services, Genetic Health WA, SARC, women's health strategy programs, WA cervical screening and Breast Screen WA.

Dannielle is the Co-Executive Sponsor for Abortion Legislation Reform implementation at WHNS and is committed to women's rights to choice in abortion care.



# Honourable Dr Cheryl Davenport AM Panellist - Abortion Care Reform



Cheryl Davenport is a former member of the Western Australian Legislative Council and lifelong advocate for reproductive rights. She wrote and introduced the Acts Amendment (Abortion) Bill 1998, and was central to WA becoming the first Australian state to decriminalise abortion. Cheryl hasn't stopped fighting for reproductive rights and has been a passionate advocate for further reform. She joined the WA Health Minister Amber-Jade Sanderson and Premier Roger Cook at Parliament House to speak in support of the Abortion Legislation Reform Bill 2023 and was a key supporter of its journey.





# Debra Barnes Panellist - Abortion Care Reform

Debra Barnes is an experienced CEO and Board Director, having worked across health and community services in both clinical, corporate, and for-purpose organisations. Currently CEO of Sexual Health Quarters, Debra is committed to being a voice for change and breaking down barriers. Known for her passionate, inspirational energy, she is driven to make a lasting social impact, and has been recognised and awarded for implementing service innovation and culture transformation. Debra has an MBA (UWA), a Graduate Diploma from the Australian Institute of Company Directors, is a Fellow of the Australian Institute of Management (WA).



# Dr Julia Feutrill Panelist - Abortion Care Reform



Dr Julia Feutrill is a psychiatrist with extensive experience in perinatal, infant and womens mental health. Her role as Medical Co-Director at Women and Newborn Health Service includes a clinical and management role in the mental health and the Pregnancy Choices and Abortion Care Service. Julia has been an Executive Sponsor of the Abortion Care Reform implementation.





# Martine Lee EM/RN Speaker - Together we have the solutions: Baby Coming You Ready?

Martine Lee is a Registered Nurse and Endorsed Midwife with more than 10 years experience in hospital and community settings. Martine is passionate about culturally safe and holistic, continuity of care for Indigenous women, their families and communities. She joined Ngangk Yira to work on the Baby Coming, You Ready Project, with a commitment to work in partnership with Aboriginal and Torres Strait Islander families to promote equitable and safe health care.



# Trish Ratajczak Speaker - Together we have the solutions: Baby Coming You Ready?



Trish Ratajczak is Palawa woman from Lutruwita (Tasmania) and a descendent Mannalargenna chief of the Pairrebeene/Trawlwoolway Clan. She is a Stan Perron Charitable Foundation Senior Research Fellow in the Yorga, Maaman and Koolanga Centre within Ngangk Yira Institute for Change. A registered clinical midwife of 14 years in the tertiary setting and with a Masters in Aboriginal Maternal Health (Research), Trish has been a strong advocate and educator on Aboriginal health and cultural security in the universities of Western Australia.





#### **Amy Dawes OAM**

### Speaker - Making the invisible visible: driving change in maternity care

Amy is the co-founder and CEO of the Australasian Birth Trauma Association (ABTA). Established in 2016, ABTA is the peak not-for-profit in Australia exclusively dedicated to supporting women, partners, families and health professionals affected by birth-related trauma. Amy is passionate about storytelling and is dedicated to amplifying the voices within our communities by starting vital conversations about the prevention, diagnosis and treatment of birth-related trauma. Her vision is to break down the stigma attached to birth trauma and for all people to have access to safer births and better healing.



#### Sisonke Msimang

# Panel Facilitator - Seen and believed: Foundations for equity in women's health



Sisonke Msimang is the author of two books, the Guardian column 'Ms Understanding', and many published essays on race, gender and creativity. She writes, speaks and facilitates conversations about belonging. Sisonke is a long-term collaborator with the Centre for Stories where she heads up storytelling and offers a bespoke training and coaching service for leaders interested in improving their storytelling skills.

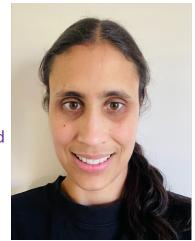




#### Dr Talila Milroy GP

### Panellist - Seen and believed: Foundations for equity in women's health

Dr Talila Milroy is a Yindjibarndi and Palyku General Practitioner and researcher from Western Australia. She has research interests in Aboriginal health and women's and children's health. She completed a RACGP Academic Post in 2020 which explored experiences of racism for Indigenous GP trainees. Her previous research has included studies on pelvic floor dysfunction for Aboriginal women and Aboriginal people's stolen wages. Talila currently works clinically at South Coastal Health and Community Services and Babbingur Mia, a multidisciplinary primary



care clinic for Aboriginal women and families, and contributes to general practice teaching at UWA Medical School.

#### Kari Pnacek

# Panellist - Seen and believed: Foundations for equity in women's health



Kari Pnacek is the Assistant Secretary of Western Australia's peak Union body UnionsWA, representing 30 Unions and their 130,000 members.

She has spent more than two decades as a passionate advocate for workers' rights in the labour movement, both in the United States and Australia.





# Professor Colleen Fisher Panellist - Seen and believed: Foundations for equity in women's health

Professor Colleen Fisher's research expertise of family and domestic violence includes experiences and impacts across the lifespan, cross culturally, in refugee and contexts and health settings. She has undertaken multidisciplinary international research projects on issues related to this area, and has been the lead investigator on evaluations of domestic violence support service and interventions. Colleen teaches in the areas of qualitative research and health leadership and management.



# Grace Molloy Panellist - Seen and believed: Foundations for equity in women's health



Grace Molloy holds a Masters of Nursing, is an ex-Big4 accountant and has two decades of experience working in corporate strategy and partnerships. She is a member of the Australasian Menopause and International Menopause societies and has worked alongside Australia's pre-eminent medical researchers and biotechnology innovators to advance medical breakthroughs through clinical trials.

Seeing Australian businesses lose experienced leaders early due to menopause symptoms, Grace co-founded Menopause Friendly Australia to ensure employers

have access to the support they need to help people thrive through this inevitable life stage.





#### Nihal Iscel

# Panellist - Seen and believed: Foundations for equity in women's health

Nihal Iscel is an advocate and an activist by nature. Her aim has been to help and contribute to making positive systemic changes and help break barriers for people in minority groups including refugees, humanitarian entrants, people with disability and isolated women and children. Since completing her degree in Bachelor of Psychology, Nihal has worked in the multicultural and disability sectors in various roles for more than 20 years. Nihal has also served on a number of boards and committees mainly on a voluntary basis, supporting them with policy development, governance, continuous improvement and strategic planning.



#### Kianna Barker

# Panellist - Seen and believed: Foundations for equity in women's health



Kianna Barker is the CEO of the Hedland Well Women's Centre. With a strong connection to Hedland and the Pilbara spanning more than 12 years, she has journeyed from grassroots programs to leading a team of dedicated professionals in the realm of preventive health and disease prevention. Her passion lies in enhancing regional and remote healthcare, with a particular focus on women's well-being. Recognising the challenges of accessing services in remote areas, Kianna is devoted to leading sustainable solutions as part of the dynamic Hedland Well Women's Centre team.



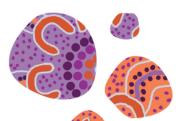
#### **Dr Carol Kaplanian**

# Speaker - Empowering solutions: diversity in women's health experiences and outcomes

Dr Carol Kaplanian is a national expert in honour-based violence. She has expertise in working with refugee and migrant communities and has significant knowledge in specialised areas ranging in sexual assault, female genital cutting/mutilation, forced marriage, honour killings and other forms of complex violence.

Carol is a subject matter expert for the Australian Federal Police on the area of forced marriage. In 2020 she was awarded a Churchill Fellowship to investigate family and domestic violence among migrant and refugee populations.





#### Keynote

Moving forward, driving change: WA's abortion care reform journey



Notes:
How can I apply this to my practice?
Action Items:



#### **Presentation**

Together we have the solutions: Baby Coming You Ready?



Notes:
How can I apply this to my practice?
Action Items:



#### **Presentation**

Together we have the solutions: Baby Coming You Ready?



Notes:
How can I apply this to my practice?
Action Items:



#### **Panel Discussion**

Seen and believed: Foundations for equity in women's health



Notes:
How can I apply this to my practice?
Action Items:



#### **Presentation**

Empowering solutions: diversity in women's health experiences and outcomes



Notes:
How can I apply this to my practice?
Action Items:





Notes:
How can I apply this to my practice?
Action Items:





Notes:
How can I apply this to my practice?
Action Items:





Notes:
How can I apply this to my practice?
Action Items:





Notes:
How can I apply this to my practice?
Action Items:



#### Network



#### **☑** Organisation Name and Contact Information

Organisation Name:	
	Phone:
Contact:	
E-mail:	
Organisation Name:	
	Phone:
Contact:	
E-mail:	
Organisation Name:	
	Phone:
Contact:	
E-mail:	
Organisation Name:	
	Phone:
Contact:	
E-mail:	
Organisation Name:	
	Phone:
Contact:	
E-mail:	



# Thank you to our Supporters

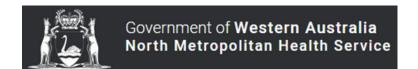


# aspenmedical











### 2024 WA Women's Health Conference is proudly hosted by



For more information about today's proceedings, please contact



admin@cwsw.org.au



(08) 9420 7264



2 Delhi Street, West Perth, 6005



www.cwsw.org.au



