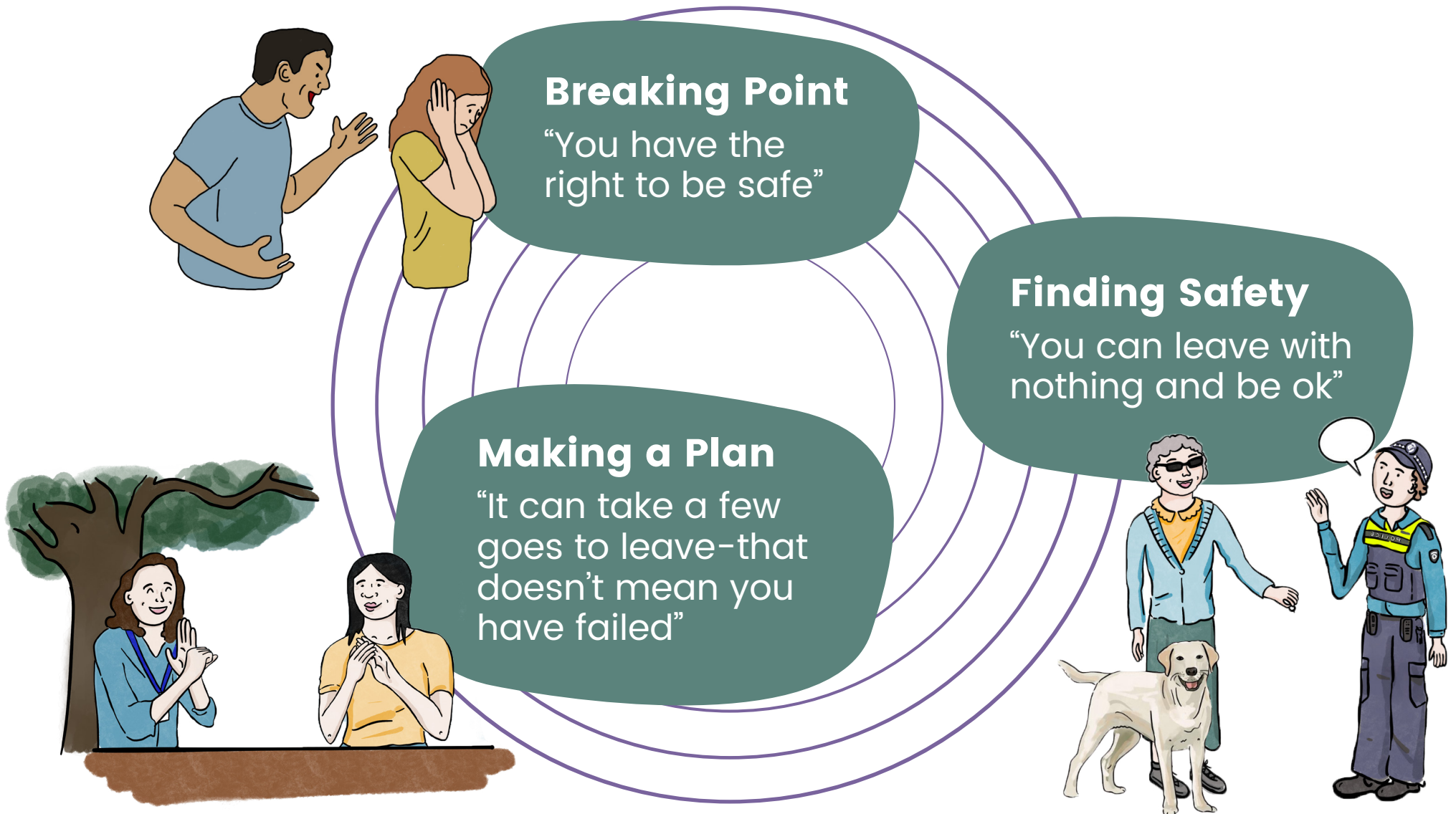


# You can get help at any stage



For help call: **1800RESPECT** or **1800 737 732**



For information go to: **[www.1800respect.org.au](http://www.1800respect.org.au)**

# The Journey to Safety: Domestic Violence and Disability



## Breaking Point

- You have the right to be safe
- You can decide to leave or stay
- You may reach this point because of one or many events
- Women with disability have said it is the time you realise you cannot stay in your relationship anymore.



## Making a Plan

- You can get help to escape
- You can call the police on 000 if you are in danger
- You can call the Women's Domestic Violence Helpline on 1800 007 339 for help
- You can speak to 1800RESPECT on 1800 737 732 for information
- You can choose to tell your plan to your friends, family or people you trust
- It can take a few times to leave - that doesn't mean you have failed.

## Finding Safety

- You can leave with nothing, and be ok
- You can get help from a Family and Domestic Violence service
- You can find safety with family or friends.



Patricia Giles Centre for Non-Violence

Phone: (08) 9300 0340

Email: [MSD@pgcnv.org.au](mailto:MSD@pgcnv.org.au)

[www.patgilescentre.org.au](http://www.patgilescentre.org.au)



PATRICIA GILES  
Centre for  
Non-Violence



MODIFIED  
SERVICE  
DELIVERY



Government of **Western Australia**  
Department of **Communities**